



compassionate | creative | energetic
yoga instruction

YogaFish • 569 S.E. Central Parkway • Stuart, FL 34994 • 772. 219.9900 • www.YogaFishStuart.com

Today's Date _____ How did you hear about us? _____

Last Name _____ First Name _____

Street Address _____

City _____ State _____ Zip _____

Best Contact Phone _____ cell home work

Emergency Contact Name _____ Number _____

Email _____ We occasionally send email news and promotions. We try not to be too obnoxious, but if you'd rather not receive any, please check this box:

OPTIONAL Date of Birth ____/____/____ ("we ask cause we send you a coupon on your birthday)

Yoga Experience: I'm brand new I've taken some classes I know my way around the mat
 I'm experienced I'm a teacher (or have completed teacher training)

Legal Stuff (Continued on second page)

The full waiver appears on the back (or on the second page) of this document. Basically, yoga is a physical activity, and like any physical activity, there are potential risks. We are trained to help you to be safe and we will do everything we can to help you avoid injury (we're yogis, that's how we roll). So I know the waiver is long and kind of a pain, but our lawyers felt it was important. Please take a minute to look it over and when you are done, sign below.

I acknowledge that I have carefully read the following release and waiver of liability (on the following page) and fully understand its contents. I voluntarily and knowingly agree to the terms and conditions stated herein. I am aware that by signing this release and waiver of liability, I am giving up substantial rights, including my right to sue and certain legal rights my heirs, next of kin, executors, administrators and assigns may have against any Released Party.

Printed Name _____ Signature _____

Today's Date _____ Signature _____
(Parent or guardian if under 18)

This is the important legal stuff. Please sign and date the first page AFTER you read it:

I hereby agree to the following :

1. I am participating in yoga classes, health programs, workshops and other wellness, exercise and healing arts activities (collectively, the “Activities”) offered by Laurasana LLC, DBA YogaFish (“Studio”) and/or its owners, instructors, teachers, workshop presenters, employees and independent contractors.
 2. I recognize that I must be in good physical and mental health to participate in the Activities. I understand that the Activities require physical exertion, and I represent and warrant that I am physically fit and I have no medical condition which would prevent my full participation in the Activities. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the Activities. If I have consulted a physician, I have taken the physician’s advice. I understand that the Studio reserves the right in its absolute discretion to refuse my participation in an Activity on medical, fitness or other grounds.
 3. I am in proper physical condition to participate in the Activities, and I am aware that participation could, in some circumstances, result in abnormal blood pressure, fainting, heartbeat disorders, physical injury and potentially heart attack. I also understand that I could experience muscle, back and other injuries during exercise. I understand my physical limitations and am sufficiently self-aware to stop physical activity before I become ill or injured. I understand that it is my continuing responsibility to inform the Studio of any previous medical conditions, injuries or surgeries prior to my first class and any future changes to my medical condition.
 4. In consideration of being permitted to participate in the Activities, I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in the Activities at the Studio.
 5. In further consideration of being permitted to participate in the Activities, I knowingly, voluntarily and expressly waive any “Claim” (as defined below) I may have against the Studio, its owners, members, employees, and/or its instructors, teachers, volunteer staff, interns, workshop presenters, independent contractors and the landlord of the Studio (each, a “Released Party”) for any Claim that I may sustain as a result of participating in the Activities at the Studio even if the Claim arises from the negligence of any Released Party or anyone else. I agree to indemnify and hold harmless each Released Party from any loss or liability incurred in defending any Claim made by me or anyone making a Claim on my behalf, even if the Claim is alleged to or did result from the negligence of any Released Party or anyone else.
- “Claim” includes but is not limited to any and all liabilities, claims, demands, expenses, fees, legal actions, rights of actions for damages, personal injury, mental suffering and distress, or death that I may suffer, my children may suffer or that my unborn child may suffer (including any legal fees or expenses) in connection with participation in any Activity.
6. I, my heirs or legal representatives forever release, waive, discharge and covenant not to sue any Released Party for any Claim caused by any negligence or other acts of a Released Party.
 7. I hereby understand that the Studio from time to time may photograph or video classes or events occurring at its studios and place such photographs and videos on its Website. I hereby consent to the use of my image that may appear in any such photograph or video.
 8. This agreement shall be construed in accordance with, and governed by, the laws of the State of Florida.